

PART - II

2020

GENERAL - (PHYSICAL EDUCATION)

GENERAL - SECOND PAPER.

F.M-50

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- 2) (a) What is seeding? write down advantages and disadvantages of knockout tournament.
(b) Draw a fixture of a knock-out tournament where 11 teams are participating (15+15)
- 2) Draw the following field/court with appropriate measurement.
(a) Football field (5+5)
(b) Volleyball court (5+5)
(c) Javelin sector
- 3) What is athletic heart? Discuss the effect of exercise on heart and circulatory system.
- 4) Care and maintenance of equipments in the field of physical education and sports.
- 5) Write a short note on physical fitness. (5+5)